

# National Aboriginal and Torres Strait Islander Health Survey

## COMMUNITY FACT SHEET

From July 2018, the Australian Bureau of Statistics will be visiting selected communities to carry out the National Aboriginal and Torres Strait Islander Health Survey.

Selected households will have the chance to talk to us about their health so that government and health care services can make decisions that will help you, your children and your community live long, healthy lives.

### What is the National Aboriginal & Torres Strait Islander Health Survey (NATSIHS)?

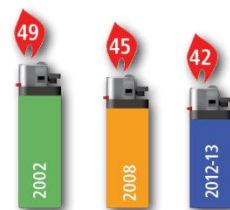
The NATSIHS collects information about the health and wellbeing of Aboriginal and Torres Strait Islander people all over Australia.

Your answers will help governments and healthcare services decide where to spend money on things like health clinics and health education. The answers you give us help to make sure money is being spent where it's needed most.

### Health rating 2012-13 (15 years and over)



### Percentage of daily smokers (15 years and over)



### What is involved?

The NATSIHS asks people questions about their health and lifestyle. One of our friendly interviewers will ask some questions about your health which include:

- What you eat and drink
- Exercise
- Smoking
- Your culture
- Any health problems like diabetes



We will also ask to measure your weight, height and blood pressure and ask you to complete a hearing test. This is first time that NATSIHS has had a hearing test. We will give you a copy of your test results so you can look at them again, or you can take them to your community clinic to talk to the nurse about what they mean.



**Do I have to do this survey?**

Yes. A lot of Aboriginal and Torres Strait islander people across Australia are going to be asked to do this survey and, because everyone is different, it is important that we find out about your health.

The ABS is trying to find out which health problems affect your community. We want to help health service providers give you and your community the best chance to live healthier lives by showing the government where, and what help is needed.